

Compassionate Presence:

Caring for the Spirit (overall)

Program

THURSDAY - APRIL 19TH, 2018 **Dr. Christina Puchalski**

Noon – 1:00 p.m.

Compassion Ground Rounds – Creating More Compassionate and Whole Person Care: Integrating Interprofessional Spiritual Care Into Clinical Care.

Spirituality, defined broadly as how people find meaning and purpose and how they connect to the significant or sacred, helps people find meaning and healing in the midst of serious illness or stress. Clinical models, based on consensus-based guidelines, will be discussed in which all members of the clinical team address patients' spirituality, identify and attend to patients' spiritual distress.

St. Boniface Hospital Albrechtsen Research Centre | Sam Cohen Auditorium | 351 Taché Avenue

2:30 – 4:30 p.m.

Workshop - The Essential Role of Spiritual Care Practitioners and Chaplains in Healthcare

The talk with discuss three areas in which spiritual care practitioners and chaplains are critical to the provision of quality health care. The first will present an overview of a model for interprofessional spiritual care and discuss the generalist-specialist model of spiritual care with spiritual care practitioners and chaplains as spiritual care experts. The second will be discussing the role they have in education of clinicians, specifically medical students and residents and the third is the role of chaplains in provision of compassionate presence in patient care.

St. Boniface Cathedral | Lower Level | 190 avenue de la Cathédrale

6:00 p.m.

Caritas Award Banquet

Keynote by Dr. Christina Puchalski - Creating Standards for Spiritually - Centered Compassionate Care: A Global Movement

Based on an international consensus conference, proposed standards for spiritually centered health systems were developed inspiring the creation of a Global Network for Spirituality and Health (GNSAH). This talk with summarize some of the efforts of this network to further the integration of spiritual care in palliative care globally. Spiritually-centered care recognizes the power of being open to the gift of mystery that may occur in living and dying. If one is open to mystery there may be opportunities for hope, reconciliation and healing that transcend beyond a purely medical approach to care.

RBC Convention Centre | 375 York Avenue | Winnipeg



Christina Puchalski,

MD, MS, FACP, FAAHPM

Dr. Puchalski, professor of medicine, is the Founder and Director of Gwish - a leading organization on education and clinical issues related to spirituality and health, based at the George Washington University.

She is a pioneer and international leader in the movement to integrate spirituality into healthcare in clinical settings and medical education.

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Shane Sinclair,

PhD (Doctor of Philosophy)

Dr. Sinclair is an associate professor at the University of Calgary, and is on the Manitoba Palliative Care Research Unit at the University of Manitoba.

His research centers on psychosocial and spiritual issues within oncology and palliative care, including his emerging program of research on compassion.

Register online:
www.cham.mb.ca

FRIDAY - APRIL 20th, 2018 Dr. Christina Puchalski & Dr. Shane Sinclair

All day workshop will take place at the St. Boniface Cathedral
Lower Level | 190 avenue de la Cathédrale

8:30 a.m. Registration and Coffee

9:00 a.m. **Compassionate Presence Listening to the Inner Stories of Patients: Spiritual History and Assessment in Clinical Care**

Based on consensus-based guidelines for interprofessional spiritual care, participants will learn communication skills for addressing spiritual issues with patients. A spiritual history tool called FICA will be presented; using case-based discussion participants will learn how to develop whole person assessment and treatment plans. They will have a chance to practice the tool and engage in discussions about the use of the tool in their clinical practice.

10:30 a.m. Wellness Break

10:45 a.m. **Compassionate Presence - continued**

Noon Lunch

1:00 p.m. **From Presence to Action: Evidence Based and Clinically Informed Compassionate Care**

Participants will be presented a model of compassion developed from the bedside - by patients and their healthcare providers. In addition to learning about an empirically derived theoretical model of compassion, an overview of the current state of the compassion in healthcare will be presented. This evidence based approach will serve as a foundation for experiential learning focused on developing the inner qualities, interpersonal skills and behaviors associated with compassion.

Participants will also learn about attending to the suffering of patient, about a model of how spirituality can lead to the practice of compassion, and basic steps to the practice of compassion. They will then engage in an exercise of compassionate listening.

2:15 p.m. Wellness Break

2:30 p.m. **From Presence to Action - continued**

4:00 p.m. Plenary and Closing Remark

Workshop Outcomes:

- ▶ Foster the necessary communication skills for addressing spiritual issues with patients and engage in an exercise of compassionate listening
- ▶ Gain insights into developing whole person assessment and treatment plans using the FICA tool and practice with it during workshop
- ▶ Learn about a model of compassion developed from the bedside by patients and healthcare providers
- ▶ Explore strategies and basic steps to the practice of compassion

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