

*Let us pray . . .*



## **Common Catholic Prayers**

The prayers in this booklet are to assist you in praying the prayers most common to Catholics as taken from the Compendium of the Catechism of the Catholic Church, published by the Canadian Conference of Catholic Bishops, 2005.

## **The Sign of the Cross**

+In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.



## **Doxology**

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

Amen.

# **Our Father**

Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come;

Thy will be done

on earth, as it is in heaven.

Give us this day

our daily bread,

and forgive us our trespasses

as we forgive those who trespass  
against us;

and lead us not into temptation,

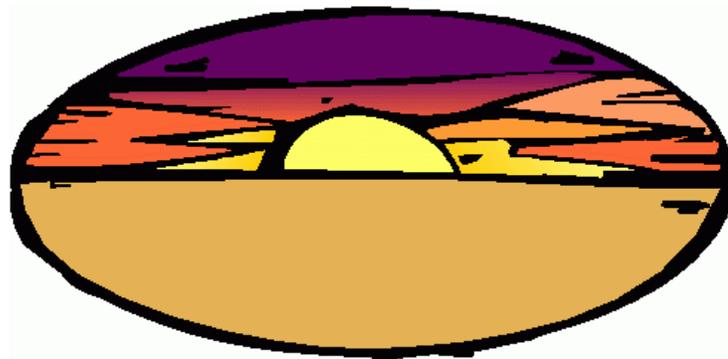
but deliver us from evil.

Amen.

## Morning Offering

O Jesus,  
through the Immaculate Heart of Mary,  
I offer You my prayers, works,  
joys and sufferings  
of this day for all the intentions  
of Your Sacred Heart,  
in union with the Holy Sacrifice of the  
Mass throughout the world,  
in reparation for my sins,  
for the intentions of all my relatives and  
friends,  
and in particular  
for the intentions of the Holy Father.

Amen.

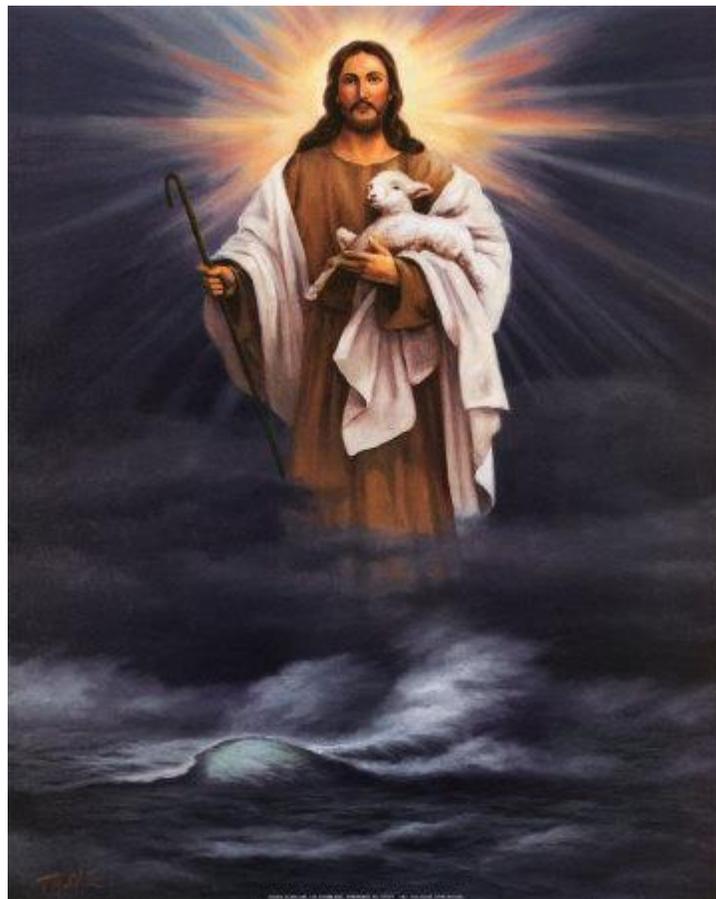


## **The Apostles' Creed**

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our  
Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the  
dead;  
He ascended into heaven  
and is seated at the right hand of God,  
the Father almighty;  
from there He will come to judge the  
living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body  
and life everlasting.

Amen.



## The Hail Mary

Hail, Mary,  
full of grace,  
the Lord is  
with thee.

Blessed art  
thou among  
women  
and blessed is  
the fruit of thy  
womb, Jesus.

Holy Mary,  
Mother of  
God,

pray for us  
sinners,

now and at the hour of our death.

Amen.



## **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy,  
Hail our life, our sweetness and our  
hope!

To thee do we cry, poor banished  
children of Eve.

To thee do we send up our sighs,  
mourning and weeping in this valley of  
tears!

Turn, then, most gracious Advocate,  
thine eyes of mercy toward us,  
and after this, our exile,  
show unto us the blessed fruit of thy  
womb, Jesus.

O clement, O loving,  
O sweet Virgin Mary.



## Angel of God

Angel of God,  
my guardian  
dear,  
to whom God's  
love commits me  
here,  
ever this day be  
at my side,  
to light and guard,  
to rule and guide.

Amen.

## Act of Contrition



O my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishments, but most of all because they offend You, my God,

Who are all good and deserving of all my love. I firmly resolve with the help of Your grace to sin no more and to avoid the near occasions of sin.

Amen.

## **Act of Faith**

O my God, I firmly believe that You are one God in three divine Persons - Father, Son, and Holy Spirit.

I believe that Your Divine Son became man and died for our sins and that He will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches because You have revealed them, Who are eternal truth and wisdom, Who can neither deceive nor be deceived.

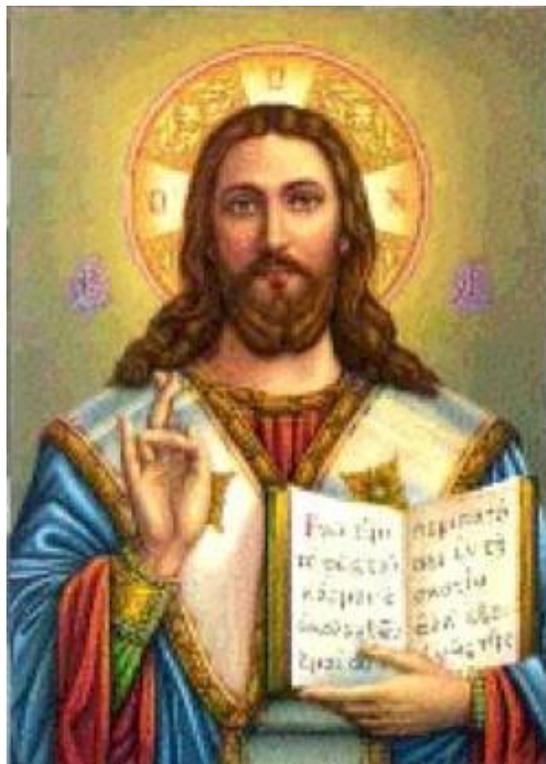
In this faith I intend to live and die.

Amen.

## Act of Hope

O my God,  
relying on your infinite goodness and  
promises, I hope to obtain pardon of  
my sins, the help of Your grace, and  
life everlasting, through the merits of  
Jesus Christ, my Lord and Redeemer.

Amen.



## Act of Love

O my God, I love you above all things,  
with my whole heart and soul, because  
You are all good and worthy of all my  
love. I love my neighbour as myself  
for love of You.

I forgive all who have injured me and I  
ask pardon of all whom I have injured.

Amen.



## **The Anima Christi**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from Christ's side, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds hide me.

Suffer me not to be separated from Thee.

From the malicious enemy defend me.

In the hour of my death call me

and bid me come unto Thee,

that with all Thy saints

I may praise thee

forever and ever.

Amen.

# The Rosary

The rosary is begun with the **Sign of the Cross** and the **Apostles' Creed**. The **Lord's Prayer** is prayed on each large bead, and the **Hail Mary** is prayed on each small bead. At the beginning of every decade, the title of each mystery is announced. At the end of each decade is the **Glory be . . . .** It is traditional to conclude the rosary with the **Hail Holy Queen**.

## Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple



## **Luminous Mysteries**

1. The Baptism of Jesus in the Jordan
2. The Manifestation of Jesus to his Apostles at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

## **Sorrowful Mysteries**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning of Thorns
4. The Carrying of the Cross
5. The Crucifixion

## **Glorious Mysteries**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation

## **The Magnificat**

My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Savior,  
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:

the Almighty has done great things for me,

and holy is His Name.

He has mercy on those who fear Him in every generation.

He has shown the strength of His arm,  
He has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the lowly.

He has filled the hungry with good things,  
and the rich He has sent away empty.  
He has come to the help of His servant  
Israel  
for He has remembered his promise of  
mercy,  
the promise He made to our fathers,  
to Abraham and His children forever.  
Amen.

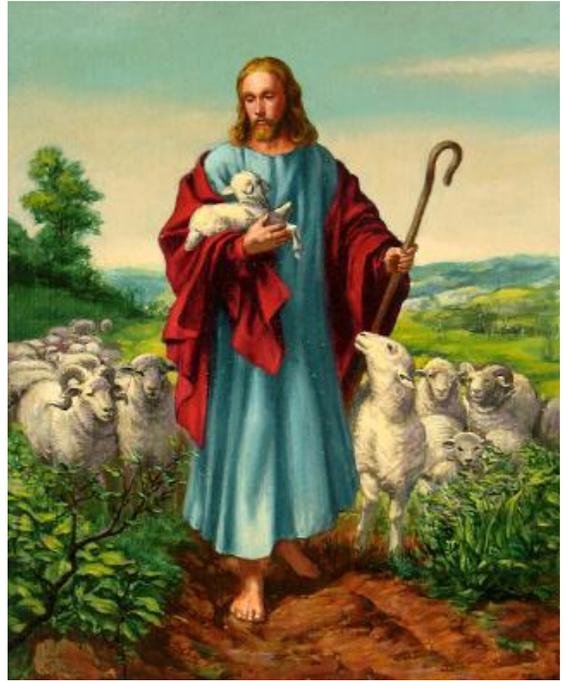


## Psalm 23

The Lord is my shepherd,  
there is nothing I shall want.  
Fresh and green are the pastures where  
He gives me repose.  
Near restful waters He leads me, to  
revive my drooping spirit.

He guides me along the right path;  
He is true to His name.  
If I should walk in the valley of  
darkness, no evil would I fear.  
You are there with Your crook and  
Your staff:  
With these You give me comfort.

You have prepared a banquet for me in the sight of my foes. My head You have anointed with oil, my cup is overflowing.



Surely goodness and kindness shall follow me all the days of my life. In the Lord's own house shall I dwell for ever and ever.

Amen.



## The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

## Evening Prayer

Oh my God, I adore You and I love You with all my heart.

I thank You for having created me and saved me by Your Grace and for having preserved me during this day.

I pray You will take for Yourself whatever good I might have done this day and that You will forgive me whatever evil I have done.

Protect me this night and may Your Grace be with me always.

Amen.





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