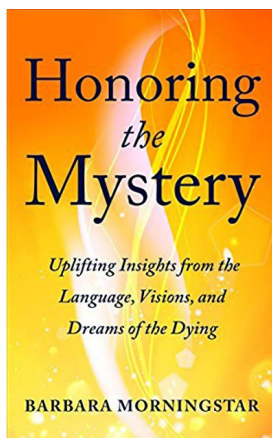


CAN YOU FEEL THE PAIN IN MY HEART TOO?

& HONOURING THE MYSTERY

TUESDAY, MARCH 24, 2020

A workshop designed for healthcare professionals working in hospice, palliative care, bereavement programs, and caregivers who are supporting persons who are ill or palliative.



MORNING SESSION:

CAN YOU FEEL THE PAIN IN MY HEART TOO?

Barbara will explore some of the more sensitive turning points witnessed during the dying phase of life and in supporting family caregivers. Through stories and shared experiences, she will guide participants in ways to deepen our care, while also discovering ways to hold and attend to the suffering we often bear witness to, including our own.

AFTERNOON SESSION:

“HONORING THE MYSTERY– THROUGH THE EYES OF CAREGIVERS”

Barbara will invite healthcare participants to contemplate the mystery of death, with an attitude of an explorer venturing into unknown realms, while listening and absorbing all that is being shared by the dying and the bereaved. She will highlight key themes and discuss how these moments can help with healing, aid in a more peaceful passing, and offer greater comfort to families, friends and the care providers who support them.



Barbara Morningstar has lived at the frontier of death, both professionally and personally for over twenty-five years. While working for three different hospice societies in BC, she oversaw palliative and bereavement programs, counseling staff, and hospice volunteers for a twenty-bed hospice residence, an eleven-bed Tertiary Palliative Care unit in the local hospital, and with people who were being supported to die at home in the community. She has worked with thousands of people during this tender life transition over her many years in the hospice field.

Now an End of Life Educator, and founder of Autumn's Cocoon Education, Barbara has been a keynote speaker at major hospice and palliative conferences. She is the author of the book “Honouring the Mystery: Uplifting Insights from the Language, Visions and Dreams of the Dying.”



CATHOLIC HEALTH ASSOCIATION OF MANITOBA
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ
МАНІТОБСЬКА КАТОЛІЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я



Interfaith Health Care
Association of Manitoba

Association interconfessionnelle
en soins de la santé
du Manitoba

REGISTRATION INFORMATION

Full Day Session
(includes lunch)
9:00 am – 3:00 pm
\$75 (Members \$50)

Morning Session only
9:00 am – 11:30 am
\$30 (Members \$20)

Afternoon Session only
12:15 pm – 3:00 pm
\$30 (Members \$20)

Registration Link:
[https://chamihcamworkshop.
eventcreate.com](https://chamihcamworkshop.eventcreate.com)

For more information:
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