

“We must reawaken our collective sense of gratitude, appreciation and hospitality, helping the elderly know they are a meaningful, living part of their communities.”

*Pope Francis – 2015*

## 2.5-HOUR WEEKLY MODULES

Understanding the Aging Journey

Spirituality in Aging

Good Communication

The Power of Storytelling

Dementia

A New Home, A New Way of Life

Loss, Grief, Death & Dying

Roles, Boundaries and Self-Care

8 WEEKS • WEDNESDAYS  
March 18th – May 6th, 2020  
6:00 pm to 8:30 pm  
Precious Blood Church Hall  
200 Kenny Street, Winnipeg

PUBLIC: \$100  
CHAM & IHCAM Members: \$75  
Includes workbook and on-line  
program development

ON-LINE REGISTRATION:  
[https://joininthejourney.  
eventcreate.com](https://joininthejourney.eventcreate.com)

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## AN 8-WEEK TRAINING PROGRAM

Designed to help develop a deeper understanding of how to accompany older adults in every aspect of their journey, whether they are living at home or are in Long-Term Care.

## WHO SHOULD PARTICIPATE

This training is beneficial for family members, staff of Seniors Care facilities, Spiritual Care volunteers, Church leaders, and others who desire to serve and care for seniors.

*Medical science has brought about countless breakthroughs in the way we care for older people. But it has also led to a realization that physical and mental health are essential – but not enough. True, holistic care means understanding and supplying their spiritual needs as well.*

*join the journey*

**BODY  
MIND  
SPIRIT**



Interfaith Health Care  
Association of Manitoba  
Association interconfessionnelle  
en soins de la santé  
du Manitoba



CATHOLIC HEALTH ASSOCIATION OF MANITOBA  
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ  
МАНІТОБСЬКА КАТОЛІЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я

