



CATHOLIC HEALTH ASSOCIATION OF MANITOBA
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ
МАНІТОБСЬКА КАТОЛИЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я

Suggested Secondary School Classroom Activities

Activity 1: Discussion and Personal Prayer Intentions (30mins)

1. Introduction to World Day of the Sick: Let the class know that February 11 is World Day of the Sick. In Pope Francis' annual message to all, he tells us two key messages:

- a) "You have but one teacher, and you are all brothers" (Mt 23, 8)
- b) We must have a trust-based relationship to guide care for the sick Today, let's unpack, explore how we're being asked to care and pray for those who are sick and suffering.

2. Scripture Reading: Ask the class to read the parable of the Good Samaritan: Luke 10:30-37 individually. While reading the passage, ask students to keep this guiding question in mind: How does Jesus ask us to treat our neighbours? What traits does he ask us to embody? Write their responses on the board.

- a) The point: When considering the needs of his brothers and sisters, Jesus offers his disciples a behavioural model to follow. The Good Samaritan embodies the attitudes of proximity and care:
 - a. Stopping by, being close, becoming a "neighbour"
 - b. Listening
 - c. Forging a direct and personal relationship with the other
 - d. Feeling empathy and compassion for the other
 - e. Letting the suffering of others enthrall us to the point of taking it upon ourselves as we serve them.
- b) At the end of the parable, Jesus instructs his disciples to "Go and do likewise" (Lk 10, 37), which is what we will tackle with our next activity.

3. Class Activity (Slide Presentation/Handout):

a. If possible, you can use the following google slide presentation and have students collaborate and add their contributions right onto the slides. If you have the capacity to do so, make **a copy of this presentation**¹ to share with students. Or give them the following handout if you cannot share the google slide presentation with them. Lesson Plan created by Natalie Chow, Secondary School Teacher.

b. Divide the class into five groups and assign them one of the following categories: i. Acknowledging our vulnerability, our condition as creatures dependent on God ii. The faces of many sick and suffering people who feel ignored and rejected iii. Health care workers serve human life that is sacred, and the human person, whose dignity is inalienable iv. Fraternal solidarity is expressed in various ways to support our neighbour v. Enhancing a trust-based relationship in caring for the sick c. Have students

¹ [World Day of the Sick 2021 SlidePresentation - Google Slides](#)



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read through the notes for their category, answer the discussion question and then come up with a prayer intention. Remind the groups to incorporate and use the traits that they came up with when they read the story of the Good Samaritan. d. Once each group is done, have them present on their respective categories.

Activity 2: Offering Messages of Hope (15 mins)

1. **Message of Hope for the Sick:** Assign half the students in the class to write a message of hope and comfort for someone who is sick.
2. **Message of Hope for Caregivers:** Assign half the students in the class to write a message of hope and comfort for someone who is a caregiver for the sick (nurses, doctors, etc).
3. **Optional:** When completed, if possible, have students take them home to mail to someone they know who is sick/suffering or is a caregiver.