

June is  
**National Aboriginal History Month**



The month of June is **National Indigenous History Month** — a time for all Canadians to celebrate and appreciate the unique histories, cultures, and contributions of First Nations, Inuit, and Metis people. It is one way to honour Indigenous Peoples' role in shaping Canadian history and their contributions to protecting democracy.

This month we have been called to recognize that Indigeneity is healing, strengthening, and protective. We honour our culture and our resiliency, hold our hands up to Indigenous leaders, scholars, Elders, Knowledge Keepers and matriarchs. It's also an opportunity for each of us to reflect and honour the commitment that we make every single day to uphold the dignity and well-being of the Indigenous peoples.



It's also been a heavy month with the widespread acknowledgement of the truths of the residential school system and its present-day legacy. While we always carry with us and acknowledge the harms – past, present and ongoing – of colonialism.

This is a challenging time, which is also bringing some opportunity for difficult, truthful, and transparent discussions. Some advice that I have received, and am sharing with you, is to ask yourself these questions related to actions being taken in support of Truth & Reconciliation.

**What are we doing to educate ourselves about the true historical context?**

- **What are we doing to have a greater awareness of how to create a culturally safe environment?**
- **What are we doing to build relationships with Indigenous Peoples in our local community?**

Federally, on June 5th, the annual National Day for Truth and Reconciliation (September 30th) passed into law to commemorate the tragic legacy of residential schools in Canada. This statutory holiday for employees in the federal government and federally regulated workplaces—is intended to create a chance for Canadians to learn about and reflect on a dark chapter in their country's history and to commemorate the survivors, their families and their communities, as called for by the Truth and Reconciliation Commission and Indigenous leaders.

In introducing the Bill last year, Heritage Minister Steven Guilbeault said, "**We recognize that there is still much work to do as a country to make progress on our shared path of reconciliation. This includes acknowledging the harm residential schools have done to Indigenous Peoples.**" Carolyn Bennett, Minister of Crown-Indigenous Relations, called it "another step in our journey to advance reconciliation, right historical wrongs and reflect on how we can build a more inclusive Canada. [The day] will ensure that our shared history will not be forgotten. **Advancing reconciliation with First Nations, Inuit and Métis requires all Canadians to listen, learn and act.**"



CATHOLIC HEALTH ASSOCIATION OF MANITOBA  
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ  
МАНІТОВСЬКА КАТОЛІЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я

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The Catholic Church continues to publicly address its own history with the residential schools, with Pope Francis expressing sorrow for the suffering and calling for Church leaders to work on shedding light on residential schools, to foster healing, to move away from colonial models and to walk side by side in dialogue, in respect and in recognizing cultural rights and values.

**Why recognize the land we are on?**

Land acknowledgements are important in recognizing the ancestral and continued relationship that exists between Indigenous Peoples and their traditional lands and territories. Land acknowledgements also help people reflect on how they place themselves in relation to Indigenous Peoples while acknowledging the inherent rights of the land that Indigenous Peoples hold.

And most importantly, land acknowledgements recognize the land as a living being, and in honouring the land, we are reaffirming our commitment to Mother Earth.

*As Executive Director of the Catholic Health Association, I wish to acknowledge that I reside and work with gratitude on the original lands of the Anishinaabe, Cree, Oji-Cree, Dakota, and Dene peoples, and the homeland of the Métis Nation.*

*Julie Turenne-Maynard*

# RESIDENTIAL SCHOOLS AND CATHOLIC HEALTHCARE



## Statement of the Catholic Health Alliance of Canada

We are profoundly saddened by the disclosure of the remains of 215 children at the former Kamloops Indian Residential School on the lands of Tk’emlúps te Secwépemc, and we extend our deepest condolences to the families and communities who are grieving this terrible loss.

As we work together across this land to foster the full disclosure of the truths of oppression and colonialism, Catholic health care is committed to being a healing presence on the journey of Truth & Reconciliation. We recognize that there is still much work to do by the Catholic Church and Catholic health care.

As Catholic health care providers, we acknowledge that we serve on traditional territories of the Indigenous Peoples who have stewarded these lands since time immemorial. We honour and acknowledge their spiritual and practical relationships to the land that create a rich heritage for our learning, our life as a community, and to inform our health care approach.

Across Canada, we serve and walk with many survivors who continue to demonstrate strength and resilience while also grappling with wounds and scars of Residential School trauma, loss and suffering carried down through generations. The journey to healing calls us to work each day to build openness, trust, compassion and humility.

In our care and our decisions as health care providers, we are committed to providing a safe place where we can connect as people, listen deeply and learn from each other with respect and vulnerability. There is a call for social justice across Canada and a common drive to create a world where all can thrive and everyone finds belonging, dignity and worth.

As Catholic health care providers, in dialogue with First Nations, Metis and Inuit Peoples, we are committed to improved whole-person and culturally safe health care that respects and enhances the physical, emotional, spiritual, and mental dimensions.

May we walk together with courage and compassion to bring about the shared and long-lasting reconciliation we long for—anchored in authentic healing and restoration, mutual understanding, trust and community.

Sara John Fowler  
Chair, Governing Council

John Ruetz  
President & CEO

June 17, 2021

*The Catholic Health Alliance of Canada is a collaborative of 14 sponsor/owners of 129 health organizations with Catholic identity in Canada.*



# CLAN MOTHERS HEALING VILLAGE

In a recent newsletter of the Réseau Compassion Network (RCN), their CEO Daniel Lussier, highlighted the work of some incredible women that is being shared with you. Lead by the vision of Elder Mae Louise Campbell, the Clan Mothers are a group of Indigenous women elders who want to help heal the ongoing systemic, multi-generational trauma in their communities.



As elders and female leaders, they know what their people need: a **Healing Village**. Elder Mae Louise Campbell is a healer, teacher, grandmother and advocate who has made it her life's work to support and strengthen Indigenous women — both individually and collectively.

Dan Lussier and I (Julie Turenne-Maynard) first met Elder Mae Louise Campbell in 2014 as we travelled together to the Festival of Faiths in Louisville, Kentucky. We were part of a Winnipeg delegation who were all

interested in attending the event and in particular, an opportunity to attend a gathering with his Holiness the Dalai Lama.

A few years later in 2018, Dan Lussier jumped at the opportunity to meet again when he heard through Marymound and other people from our delegation, including Sister Norma McDonald, that Elder Mae Louise was looking for people to support in her efforts.

RCN was captivated by her vision: **a village run by Indigenous women, for Indigenous women**. They want to offer mid- to long-term care to women who have been victims of sexual abuse, exploitation, and human trafficking.

They know that the current supports for these women simply aren't working and they continue to see vulnerable women in their communities struggle to find their way. Deeply rooted in their traditional values, their village will be located in a peaceful, natural setting, allowing those they care for to connect with the land and find healing among prairie grasses and wooded areas.

They also want to create a self-sustaining village, both environmentally and economically.



Their plans include the ability to operate off of the grid and generate their own utilities, including power, heat, and wastewater filtration. They want to implement social enterprises that will create meaningful opportunities for the women they'll support, as well as fund their programming into the future.



**So what's next for Clan Mothers?**  
A lot of hard work. With the support of RCN and other contributors from many women religious congregations, land has been secured for their village which is intended to be gifted. They are one step closer to their dream but will need the support of many more allies for it to become a reality. This innovative program is something RCN is proud to play a small role in, and we hope you will follow along and support their Healing Village.

You can learn more about their plans [here](#).

If you'd like to contribute to their cause, you can do so [here](#).



## Hôpital St-Boniface Hospital

This year, the Hôpital Saint-Boniface Hospital (SBH) is celebrating its 150th anniversary. The hospital has a rich history and has much to be proud of. The following are a few of its highlights:

The Sisters of Charity of Montreal “Grey Nuns”, established a four-bed hospital in 1871 on the present site, on the East bank of the Red River in Winnipeg. It was the first hospital in Western Canada. In 1897, the hospital opened a School of Nursing, and although the school no longer exists, the Hospital offers a thriving academic learning environment for undergraduate and graduate student nurses enrolled in the University of Manitoba, Faculty of Nursing.

In 1974 the SBH was the first hospital in Canada to establish a palliative care program. Although SBH had been doing research for many years in cardiovascular science, SBH opened the Research for Diseases on the Aging in 1998 on the 4th floor of the Research Centre, thanks

to the \$12.6 Million raised by the SBH Foundation. The 100+ researchers study senile dementia's, Alzheimer's disease and stroke. Throughout SBH's history, it has been blessed with renowned, dedicated researchers who execute their work with compassion. Today, SBH Research Centre is #1 in research in Canada and has 10 of the top 2% of researchers worldwide among its staff.

In 2011, the new cardiac sciences surgical services open in the I.H. Asper Institute at SBH. An out-patient clinic also opens for pre-surgery patients and post-surgery follow ups.

Always evolving, since early 2020 SBH has been involved in Health Care Transformation with Manitoba Health, Shared Health and the WRHA. A new chapter begins with the construction of a new emergency department at St. Boniface Hospital that is expected to be about three times larger than the



*The Values have been steadfast.  
Their daily actions are guided by  
compassion, agility, advocacy,  
discovery and passion*

current space and feature modern design standards and leading-edge amenities that improve patient flow and create more room for front-line staff, making it easier for them to continue providing the level of care that Manitobans expect.

Happy 150th anniversary!





## Hôpital St-Boniface Hospital

FONDATION • FOUNDATION



This year marks an exciting milestone for St. Boniface Hospital Foundation – their 50<sup>th</sup> anniversary! Over five decades, the Foundation has raised more than \$253 million to support excellence in patient care and research at St. Boniface Hospital, guided by the legacy and values of the Grey Nuns.

The Foundation's loyal community of donors continues to make remarkable innovations possible, as St. Boniface Hospital has grown – over 150 years of history – to meet the current and future needs of our community.

These innovations at St. Boniface Hospital include:

- The construction of the Albrechtsen Research Centre and the I.H. Asper Institute to foster research excellence at the St. Boniface campus. Significant annual investments in research have helped change the face of medicine, while attracting global attention and global partners.
- Revitalization of patient care spaces, such as a new Palliative Care unit, built to house Canada's first in-hospital palliative program (established in 1974), and the transformation of the McEwen Building's mental health inpatient units earlier this year.
- The addition of spaces like the Buhler Gallery, the first in-hospital art gallery of its kind in Canada.

- Vital cutting-edge equipment: including Manitoba's first MRI unit, the SPY Intra-Operative Imaging System, which helps doctors confirm successful bypass surgery, an rTMS machine to treat patients with depression, a cardiac CT scanner, and Intraoperative Transesophageal 3D Echocardiography (TEE) machines.

The SBH Foundation's commitment to patient care, hospital transformation, and best practices sets the standard in Canada.

Motivated, passionate donors are behind this success – and the entire community benefits. Thank you for 50 wonderful years and a bright future!

An advertisement for the National Bank Cardiac Classic golf tournament. It features a golfer putting on a green with a flag in the background. The text includes 'NATIONAL BANK CARDIAC CLASSIC', 'AUGUST 9TH 2021 NIAKWA COUNTRY CLUB', and the '150' logo of the St. Boniface Hospital Foundation.

Thank you to National Bank of Canada, for joining the SBH Foundation as title sponsor for the next five years!

To date, the event has raised over \$600,000 in support of cardiac care at St. Boniface Hospital.

**10:30 AM TO 5:00 PM**

New this year, golfers will have the option to recognize a loved one and dedicate their game in celebration or in memory of special individuals in their lives. Names will be displayed on event day and also recognized in the keepsake event program.

If you have any questions about the National Bank Cardiac Classic or would like to inquire about registering a team please email their event coordinator Kate at [kyacula@stbfhf.org](mailto:kyacula@stbfhf.org)



# COVID-19 Relief Fund



**Misericordia Health Centre, located in the heart of the city, is at the heart of the response to COVID-19.**

As we've seen during each wave of the pandemic, the demand on health-care providers increases and evolves rapidly. Yet, our front-line staff continues working tirelessly 24/7.

Misericordia Health Centre's (MHC) commitment to providing exceptional and compassionate care has never wavered. **They are here for us all.** MHC staff work tirelessly and collaboratively, relocating team members and resources to support COVID-19 efforts.

**As of May 2021, more than 30 MHC health-care heroes (nurses, health-care aides, clinic assistants) have been redeployed to other hospitals throughout the city.**

The Eye Care Centre of Excellence remains open; however, with only one surgical slate for emergencies. These are challenging changes and hardships on all, but necessary sacrifices to save Manitobans' lives. You can read more about how staff have been responding to these changes [here](#).

**"Health Links – Info Santé is proud to be here for all Manitobans."**

-Talia Martens, Registered Nurse



Health Links – Info Santé is a critical COVID-19 resource for all of Manitoba. Since the onset of the pandemic, Health Links – Info Santé has more than tripled its team to serve Manitobans looking for accurate information and resources. Your support of the COVID-19 Relief Fund assists with the expansion of this critical service, including any necessary technology updates, and the changing needs of MHC staff.

## ONE THING I HAVE LEARNED IN THE PAST YEAR...

From Nursing and Allied Health Week posters

- ◊ Change never takes a break
- ◊ Communication is everything
- ◊ Learn to love your work and you'll be happy working
- ◊ It's OK not to be OK
- ◊ COVID-19 is real - follow health protocols
- ◊ Wear good footwear

- ◊ Give yourself the same care and attention you provide for others
- ◊ Everyday is a new day with new challenges and experiences
- ◊ Masks work
- ◊ Handwashing works
- ◊ We all need to work together
- ◊ Take time for yourself each day
- ◊ Is that health-care workers ROCK!



# Actionmarguerite

## Service & Compassion

Actionmarguerite currently provides care and services for the elderly and for persons with complex health needs at five locations. Actionmarguerite also manages two foundations and provides opportunities for involvement through their volunteer program and auxiliary group.

After a thorough search to find a new CEO after the announcement of Charles Gagné's retirement, the Board of Directors have appointed Micheline St-Hilaire to the position of Chief Executive Officer. She will join the team on July 5th, 2021.

Board President, Mr. Marc Labossière said, *"It is with enthusiasm and confidence that the Board of Directors announces the appointment of Micheline St-Hilaire. Together, we will continue to advance Actionmarguerite's priorities. Her collaborative leadership style, management skills and sense of compassion will enable our new CEO to guide*



*the organization forward in collaboration with our partners to achieve a vision for the future."*

From Centre de santé Saint-Boniface to St. Boniface Hospital, by way of the Réseau Compassion Network, Micheline has supported executive teams and Boards in strategic planning and improving management processes. This work has led to the optimized delivery of high quality, person centered care.

## MICHELINE ST-HILAIRE ASSUMES HELM OF ACTIONMARGUERITE

Micheline holds a Master of Science with a specialization in Gerontology (2001) and a Master of Business Administration (2012) from the University of Manitoba. She brings more than 20 years of health industry experience and as a teacher of mindfulness and compassion programs. She is fluent in French and English and is a member of the Canadian College of Health Leaders.

Micheline has expressed that her experiences as a student at Taché Centre have profoundly impacted her at a personal and professional level and she is honoured to be returning. Her ongoing commitment to the mission bestowed to them by the Grey Nuns, her enthusiasm, and her innovative spirit will be an asset for Actionmarguerite.

The Catholic Health Association of Manitoba welcomes Micheline to our association and we look forward to work and support you.



In this 6-week Mindful Self-Compassion course you will learn some of principles and practices of mindful self-compassion, so you can better relate to and care for yourself, both physically & emotionally.

Research has shown that these techniques can help improve our emotional well-being, improve our ability to cope with life's challenges, lower levels of anxiety and depression, promote healthy habits such as diet and exercise, and lead to more satisfying personal relationships.

Jennifer Kilimnik and Andrew Terhoch will be leading us in a 6 week online course that will be held on

the Zoom Platform. Details are as follows:

### Summer Session – 2021

- Tuesdays from July 27 to August 31, 2021
- 8:00 AM – 9:30 AM CST

For more information and to register: [Short-Course Mindful Self-Compassion - Réseau Compassion Network \(compassionaction.ca\)](http://Short-Course Mindful Self-Compassion - Réseau Compassion Network (compassionaction.ca))

**"This course was like...God handed it to me on a silver platter, so that I can listen, love and serve people much more deeply, wisely. Look at the timing! In our need, God provided. As before, indebted to you for offering the course."**

*Ruth, participant*

## **2.5-HOUR WEEKLY MODULES**

**Understanding the Aging Journey**

**Spirituality in Aging**

**Good Communication**

**The Power of Storytelling**

**Dementia**

**A New Home, A New Way of Life**

**Loss, Grief, Death & Dying**

**Roles, Boundaries and Self-Care**

**TUESDAYS OR WEDNESDAYS**

**BEGINNING**

**SEPTEMBER 28TH**

**PUBLIC: \$125**

**CHAM & IHCAM Members: \$100**

**Includes workbook and on-line program development**

**ON-LINE REGISTRATION:**

<https://www.eventcreate.com/e/join-the-journey-fall-2021>

**CONTACT:**

Julie Turenne-Maynard  
204-235-3136

jtmaynard@cham.mb.ca

## **AN 8-WEEK VIRTUAL TRAINING PROGRAM**

Designed to help develop a deeper understanding of how to accompany older adults in every aspect of their journey, whether they are living at home or are in Long-Term Care.

## **WHO SHOULD PARTICIPATE**

This training is beneficial for family members, staff of Seniors Care facilities, Spiritual Care volunteers, Church leaders, and others who desire to serve and care for older people.

**Medical science has brought about countless breakthroughs in the way we care for older people. But it has also led to a realization that physical and mental health are essential – but not enough. True, holistic care means understanding and supplying their spiritual needs as well.**

**"Thank you for offering a world class course at such an affordable cost. Thank you for being patient as participants told their own stories and sought answers for their questions."**

**Donna-Marie  
Educator, PCH**

**"I found that this course enriched my Faith and my approach to be increasingly sensitive to the needs of the people I encounter in my life, especially seniors. The modules on Dementia, grief, loss, death & dying were very impactful for me."**

**Claudette  
St. Bernadette Parish**

**"I can honestly say there was not one thing with the series that I didn't truly enjoy. The program content was very well developed and it kept a person really connected. I highly recommend for others to take this course."**

**Roy, Spiritual Care Practitioner, PCH**

**"This has been a blessing for me personally and professionally. The principles are very much useful not only for the elderly residents but for everyone who needs support. Thank you so much for your leadership and your untiring effort to bless us and help us grow as spiritual care givers to our community."**

**Neil, Spiritual Care Practitioner, PCH**



Interfaith Health Care  
Association of Manitoba  
Association interprofessionnelle  
en soins de la santé  
du Manitoba



CATHOLIC HEALTH ASSOCIATION OF MANITOBA  
ASSOCIATION CATHOLIQUE MANITOBAISE DE LA SANTÉ  
MANITOBAKA KAYAHWAHA AKCHIMUER ILERKU



Our Mission is to Support & Empower Caregivers Through the Gift of Faith

CHAM has been committed to supporting its sponsors, members, and dioceses since 1943 by being a forum for Manitoban Catholic health and social service organizations to exchange ideas, and develop shared strategic initiatives that support our collective ability to strengthen the healing ministry of Jesus.

In CHAM's desire to serve as a provincial resource for its members and all those interested in its mission, we continuously strive to create opportunities for education, formation, and provide tools and information that will support Board members, staff, volunteers, and the faithful in all of five dioceses.

Last year, CHAM initiated a Spiritual Care Series entitled Join the Journey that aims to support those who are either working, supporting, or are caregivers for older adults. To date, 75 people have participated in three offerings that have taken place. Due to its popularity, a fourth offering will be offered virtually in late September. Please refer to the poster in this Newsletter.

Simultaneously, the Ministry of Care Committee spearheaded by CHAM has been adding resources and tools on its website for everyone. It is continuously being updated, so please share this link.

[Ministry of Care - Catholic Health Association of Manitoba](#)  
[cham.mb.ca](http://cham.mb.ca) .

A new program that CHAM has acquired is **Nourish for Caregivers** as a result of conversations that took place with members of the Ministry of Care Committee, and the inherent need that caregivers need to be supported.

We are pleased that we were able to research and find such a powerful program. A special thanks to Doreen Smith of Mary Mother of the Church parish for taking the time to do the research.

***It's no secret that when someone takes on the role of caregiver they take on stress, exhaustion, and frustrations.***

As a result, caregivers often report declining health, emotional fatigue, depression and even spiritual depletion. In this state, purpose and meaning can be easily lost.

The definition of 'caregiver' is broad, and so too is the reach of the Nourish for Caregivers program to address many different types of caregivers, such as:

- Family caregivers
- Home care agency caregiver
- Professional healthcare caregivers
- Spiritual caregivers

This program is designed to provide the tools and resources to build a caregiver's resilience by supporting their practical, emotional and spiritual needs so that they can experience the many blessings that come with caregiving.

The Nourish for Caregivers program is a **complete turnkey curriculum** to successfully implement an ongoing program for caregivers. The **faith-based** materials focus on issues common to all caregivers, covering twelve (12) topics. The curriculum covers subjects such as:

- The Caregiver Role and Decisions You Face
- Coping with Stress
- The Spirituality of Asking For Help
- End-of-Life Issues

The first program will be offered in the fall and is intended to have 1 session per month (1.5 hours).

More details will be shared in the September Newsletter, but if you are interested, please contact Julie at [jtmaynard@cham.mb.ca](mailto:jtmaynard@cham.mb.ca).



# Caring for the most vulnerable in our communities

Catholic health care honours each person as sacred. We serve millions of Canadians, united in a healing mission to care for people with compassion and humanity. Driven to improve the lives of individuals and communities—especially those at greatest risk—we are innovators, advocates, and partners in health care.



## CHAC NEWS

### Rise Up and Reach Out

The Pandemic Calls  
Forth the Compassionate  
Healing Ministry of Jesus

The 2021 CHAC annual national conference held virtually on May 6th and 7th was very successful with a 70% increase in participation throughout Canada. Feedback was very positive from the perspective of program content, quality of speakers and moderators, and delivery mechanism.

### MARK YOUR CALENDARS

The May 11–13, 2022 Conference entitled: **Building Bridges: Creating partnerships, empowering communities** had been planned for Winnipeg, but due to the pandemic and probable travel restrictions for those working in healthcare, it will be held virtually once again .



Holy Family Home  
Дім Пресвятої Родини

#### Jean Piché Receives Lifetime Achievement Award At CHAC Annual Conference

We are blessed in Canada to have the leaders who win the Lifetime Achievement Award, because they give us a sustained career long dedication to Mission that helps to build our ministry of healing over time, and that means we are able to reach more of the people who need us... and there are, as you know, always more people who need us.

Jean Piché, retired CEO of Holy Family Home in Winnipeg and CHAM Board member is the recipient of the Life-Time Achievement award. To read more, click on this link:

[Jean Piché Receives Lifetime Achievement Award - Holy Family Home](#)

### 2021 National Catholic Healthcare Week (NCHCW)

NCHCW will be held across Canada from Sunday, October 2 to Saturday, October 9, 2021. This is the third year for NCHCW, which is devoted to celebrating the value and impact of Catholic health care and our founding Sisters, as well as our enduring mission that no-one should suffer from illness, stigma, poverty, or loneliness.

The celebration seeks to raise awareness that, at the heart of Catholic health care, is a profound respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people backgrounds, faiths and circumstances. More information will be provided in the September newsletter.

### NEW LOOK, NEW WEBSITE

CHAC has rebranded and renewed its website. Check it out!  
[Catholic Health Alliance of Canada | Caring for the most vulnerable in our communities \(chac.ca\)](#)